



# Green Squash

1 1/9

## Availability:

Jan	Feb	Mar	Apr
May	Jun	Jul	Aug
Sep	Oct	Nov	Dec

■ Available

## Pallet configuration:

Cases per level: 7

Number of levels: 7

Total cases per pallet: 49

## Nutritional Summary:

<b>Cals</b>	<b>Fats</b>	<b>Carbs</b>	<b>Prot</b>
18	0.2 g	3.79 g	1.37 g

There are 18 Calories per 113g Squash  
8% Fat, 67% Carbs, 25% Protein.

## Nutritional Facts: per 113 g

Calories 18      Calories from Fat 2

**% Daily Value\***

**Total Fat** 0g      0%

Saturated Fat 0g      0%

Trans Fat

**Cholesterol** 0g      0%

**Sodium** 2mg      0%

**Total Carbohydrate** 4g      1%

Dietary Fiber 1g      1%

Sugars 2g

**Protein** 1g

Vitamin A    5%    Vitamin C    32%

Calcium      2%    Iron          2%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

\* All nutrition facts and nutritional information are generic

