



Ataulfo Mango

9 Lbs

Availability:

Jan	Feb	Mar	Apr
May	Jun	Jul	Aug
Sep	Oct	Nov	Dec

■ Available

Pallet configuration:

Cases per level: 14

Number of levels: 16

Total cases per pallet: 224

Nutritional Summary:

Cals	Fats	Carbs	Prot
107	0.45 g	20.05 g	0.04 g

There are 107 Calories per 165g Mango
3% Fat, 94% Carbs, 3% Protein.

Nutritional Facts: per 165 g

Calories 107 **Calories from Fat 4**

% Daily Value*

Total Fat 0g 1%
Saturated Fat 0g 1%
Trans Fat

Cholesterol 0g 0%

Sodium 3mg 0%

Total Carbohydrate 28g 9%

Dietary Fiber 3g 12%

Sugars 2g

Protein 1g

Vitamin A 25% Vitamin C 76%

Calcium 2% Iron 1%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

* All nutrition facts and nutritional information are generic

